

The Banana Benders Bugle

October 2010

SQUARE DANCE SOCIETY OF QUEENSLAND INC

"Society Christmas Party"

Hosted by Pine Rivers and Upbeat Ch.a.o.s.

Saturday 27th November 2010

Pine Rivers "Lion's Hall" Lawnton Showground

Gympie Rd Lawnton

(GPS 27°17'08.99"S 152°59'03.60"E)

(Some Campers and Caravans allowed overnight at Showgrounds*)

3pm to 5pm "Party Plus"; 5pm to 7pm 'B.Y.O. Basket Tea'

7-00pm to 10-30pm "Society Christmas Party"

(with 'Mainstream', Rounds & Clogging)

Cost "Christmas Party" \$10-00 (Society Members (\$8-00))

Double Ticket for "Party Plus" & "Christmas Party"

Cost \$18-00 (Society Members \$15.00)

N.B. NO separate "Plus" Tickets available!

Please bring Festive Plate to help with supper!

Lots and Lots of Raffles so bring your change.

Caller & Cuer Registrations close 31st October 2010

by post to G. Petersen PO Box 96 Burpengary 4505; or e-mail to gary@garoyda.com.au

Caller / Cuer Name:-

Xmas Record

The Bugle:- 29 Bluegrass Crt.
Eight Mile Plains 4113

Reproduced courtesy of

burtrax@bigpond.net.au
Noel Miller, Ph. 3841 6619

STEPPING OUT WTH CLOGGING

CONGRATULATIONS QUEENSLAND

on winning the Showcase at the 15th National Clogging Convention in Bendigo with the dance 'Shake This Town', choreographed by Dian Gingell. This dance will automatically go on our National Dance List next year.

The performance of the GET RHYTHM DANCE TEAM was one of the highlights of the Convention, and proved once again that hard work pays off in aces. WELL DONE, GUYS & GALS!

The National Clogging Convention, held in a most impressive venue, was an overwhelming success. Sincere congratulations to the organisers, and many thanks to the dancers, Cuers and vollies who were part of this special happening.

A well-deserved honour to Jenny Neal who was inducted into the ACA Hall of Fame for her tireless work in the promotion of Clogging.

A rush trip home from the Bendigo Convention for Bev McLachlan as she and Nev were off to the US of A for daughter Jaylene's wedding.

The next big event on the Queensland Clogging calendar is the 'Fund Raising Afternoon of Clogging' on Saturday, 16th October, 2010.

. C o n ' t d

CARINA CAROUSELS

INVITE YOU
TO JOIN THEM

ON THURSDAY, 2ND DECEMBER
AT CARINA SENIORS HALL
1 EDMOND STREET, CARINA
DANCING FROM 1PM.

A PLATE FOR AFTERNOON TEA
WOULD BE APPRECIATED.

PHONE: 3324 9482.

PURPOSE: To raise funds for the ACA 16th National Clogging Convention in Cairns in July next year. HOST CLUB: Chug-A-Lug Cloggers.

VENUE: Red Cross Hall,
Newdegate Street, Greenslopes
(opposite Greenslopes Private Hospital.)

TIME: 2 p.m. to 7:30 p.m.

ADMISSION: \$5.00 per dancer.

GIFT (anything goes) for inclusion in Fund Raising Raffle welcome. Progressive draws during the afternoon.

SOCIAL BREAK: 5 p.m. (Plate of eats to share appreciated.)

Bottomless cups of tea and coffee available all afternoon.

FAMILY & FRIENDS VERY WELCOME TO ATTEND AND ENJOY THE FUN.

Best wishes for a safe and happy journey to Hazel and Jason and their beautiful threesome Lauren, Clare and Amy, who leave this month on a 3-months around-Australia holiday trip.

The floor is yours- LET'S DANCE!

Cheers,

Frances

FRANCES LOOK O.A.M.

PH: 3391 6526, MOBILE: 0429 851 891

EMAIL: lookdonfrances@bigpond.com WEB-SITE: www.cloggingaustralia.com

UNITING SQUARES

After 23 years has

MOVED

to

OXLEY

Caller Kay Walker

Mainstream and Plus

7:30pm on 1st, 3rd and 5th

Wednesday

Girl Guide Hut

The Queensland Square Dancing Society Inc.

Some may think I am early when I write about the Society's AGM, but here is insufficient time available in the New Year.

Please understand that the Society is a necessary body in this activity and new blood is desperately needed. Having one job in such a body is not an arduous burden and the enthusiasm new members bring to such a body is priceless. Read the comments and job descriptions below and please give consideration to being a nominee for one of the positions mentioned. Nomination forms will be available in the November & January BUGLES.

The positions due for consideration at the next AGM are Vice President, Secretary, Registrar, Country Regions' Coordinator, Executive Assistant, Promotions and Publicity Officer and sufficient dancers to balance any discussion at Management and General Meetings.

It may confuse some when we see positions filled at the previous AGM being put up for ballot again when elected members are elected for a two year term. Last year some of these positions were vacant and thus it was correct to fill these positions as soon as possible, but to keep things in their correct rotation some of these positions need to be considered again this year. Failing any disruption to the rotational system the successful nominees will hold their positions for two years.

Some of us are wearing multiple 'hats' so that all positions are filled but this is not a good idea. Individually, no position on the Management Committee is a big job but collectively multiple jobs are relatively big.

In my own case I am trying to do three jobs and I feel I am not doing too well at times in any of the three situations.

The President's position requires a fair bit of keeping a lookout for potential problems, giving consideration to future happenings and keeping an eye on how the administration is operating etc.

The Promotional situation could be as big as the occupant considers it necessary to be. We have applied for a promotional grant and that is about the extent of my activity in this area. I was aiming at having a push for members in the New Year but that is very dependent on a successful outcome from the Grants Commission.

Continued

Great mountains of happiness grow out of
little hills of kindness.

Being the Editor of the BUGLE is an ongoing job, which by itself is a great situation. Ask someone for an article, get an idea, research it and write about it, hear a good yarn and type it up for future use, assemble incoming articles, have them checked, assemble them in BUGLE format and out the BUGLE goes.

Secretary can be a bit time consuming around meeting times but we have increased the use of email and this has eliminated a large percentage of postal mail. The Incorporation Act defines the job.

Looking at other positions such as Registrar is a different kettle of fish altogether. The work here is fairly concentrated about midyear when the renewal of memberships is in progress and the remainder of the year is just accepting new members' applications. The requirements of the position are outlined in the Incorporation Act and are thus straight forward. All that is needed is a Computer online and an aptitude for this type of work.

Vice-President has no defined job other than fill in for the President when requested to and chair meetings in the absence of the President.

The Executive Assistant is available to assist or replace the Secretary or the Treasurer or Registrar if that person is absent or requires assistance from time to time; keep the Queensland Square Dancing website up to date; act as the Society Librarian and maintain the procedural manual of the Society. Country Regions' Coordinator is a position which will be examined again in the not too distant future. It is difficult to define this job when we have Clubs spread over several thousand kilometres. Irrespective of the difficulty, we need to give country Clubs a means of being involved in Square Dancing activities.

If you have an interest in any of the above jobs, and I hope you do, and wish to know more, please contact this scribe and I will do my best to answer any questions. Successful nominees will be members of the Society's Management Committee, the body which administers the activity in Queensland.

Noel Miller

President

Correction does much but
encouragement does more.

He who fiddles around seldom
leads the orchestra.

Don't think you are on the right road
just because it is a well beaten track.

Gumdale Grandsliders Square Dance Club Inc

Halloween Night

Wednesday

27th October

Time 7.30 pm

\$6



Come dressed as
Witches & Wizards

Raffle & Lucky door prizes
Prizes for the best dressed

A plate would be appreciated

At Alexander Hills Community Hall, Cnr Finucane & Windermere Rds., Alexander Hills

CANE COUNTRY SQUARES

Our Vice Versa night was really great. Our members all got into the spirit of things, and got dressed up. We all laughed as people came through the door, as they all looked really fantastic and funny. That night our visitors were Ken and Mary from Melbourne, and a young lass Stephanie from Germany.

We had a lovely luncheon at Baldwin Swamp. Matthew did the cooking. We even had a friendly possum come and investigate what was going on.

Our next big event is our early Christmas Dance on 23rd and 24th October. So if you would like to do some dancing that week-end, come to Bundaberg. Our feature Caller and Cuer are Nev and Bev McLachlan.

PROGRAM SATURDAY - Norville hall, Cnr. Maynard & Miller Street, Bundaberg.

2.15pm to 4.30pm Plus.

7pm Rounds 7.30pm Mainstream.

SUNDAY - Rum City Hall, Targo St., Bundaberg.

9.30 am Rounds 1pm A1&A2.

You can phone Shirley Kelly on 41592308, for more information about this event.

Averil Brookes, Publicity Officer.

DISCLAIMER

The views expressed in The Banana Benders Bugle are not necessarily those of the Square Dancing Society of QLD Inc., the Australian Round Dance Association, the Australian Clogging Association Inc. or the Editor. Articles submitted for publication may need to be edited due to space constraints. Articles submitted for publication, including anonymous contributions or those bearing a nom de plume, will not be considered for publication unless the actual name, address, contact telephone number and/or email address is included at the bottom of the finished article. This information will be withheld from publication upon request, but must be supplied to the Editor when submitting your article. The Editor reserves the right to decline publishing any article or advertisement which he considers may be detrimental to the best interests and well-being of dancing and its participants (members).

Making Brochures:

The aim is to get the attention of your client.

AND

Give them a strong reason to be involved NOW.

How;

The front cover or the opening part of the page has one primary purpose and that is to catch the client's eye and make them want to read further AND to do that there has to be a specific benefit for them.

It is no good talking about how clever you are, the world is too busy to be motivated by that or the name of your organisation or some clever graphics.

Your brochure needs to tell them what benefits are involved for them. **GET THEIR ATTENTION.**

Identify with your prospects. Early in the open paragraph clearly emphasis (for example) 'how you needed more social life' and what you did to achieve this.

Next, talk about the other benefits available through the use of this product.

Write about the desired outcome from the readers point of view.

Lastly, write about how easy it is to become involved. The instructions need to be precise and clear. You would like to try some social dancing. Ring xxxx and they will make arrangements for someone to pick you up and bring you along.

Thank You

To all those who sent cards and called wishing me well during my recent spinal surgery and current recovery, I wish to extend my sincerest thanks.

I'm well on the way to full recovery and believe it won't be long before I can dance again, hopefully without the difficulty I have had previously.

Once again, thank you and I'm looking forward to meeting up with everyone on the dance floor in the not too distant future.

Jane Rayner

Do what you feel in your heart to be right - for you'll be criticized anyway...

Eleanor Roosevelt!!!

I have received a couple of anonymous articles / observations to go into the Bugle.
They will not go in the Bugle

Please read the Disclaimer in every Bugle
Page 4
Noel Miller

Melbourne Cup Day

Tuesday 2nd. November

**WATCH THE
RACE LIVE ON
TV.**

10 am to 2.30pm

Admission \$6

**A Plate would be
appreciated.**



**PRIZE FOR THE
BEST HAT.**

SWEEPS.

PHANTOM RACE

LUCKY DOOR

RAFFLES

Gumdale Grandsliders Square Dance Club Inc

Alexander Hills Community Hall

Cnr Finucane & Windermere Rds Alexander Hills

Shindig on the Mountain

Callers; Gary Petersen and Friends

22nd to 24th October 2010

Friday Night; 7-30pm to 10-30pm "Fun Friday" {Casual}

Sat. Morning; 10 am to 12noon "Callers Swap Meet"

Sat. Arvo; 'Plus' 2pm > 5pm; (5-30pm B.Y.O. Basket Dinner)

Sat. Night; 7-30pm to 10-30pm "Mainstream Ch.a.o.s."

**** 10-30 ish > ? * B.Y.O. "Shindig After Party" ***

Sunday; 9-30am to 12-30pm "Singalong Sunday" (casual)

Bottomless Tea, Coffee, Cold Water; Bikkies Supplied.

Dress Code; 50% Casual; 50% Square Dance

Weekend Tickets only \$20 (Prepaid); OR \$25 at Door

Saturday Only Ticket \$12 (Prepaid); or \$15-00 at Door

**** P.S. Bring your spare change for our Saturday Raffle !!**

Closest Motel > Twin Lakes Motel ph 07 5482 5433

Registrations; G.W. Petersen P.O. Box 96 Burpengary 4505

or email; gary@garoyda.com.au (include Deposit Receipt No.)

Please make Cheques payable to G.W. Petersen.

Direct Deposit: - BSB 064473; Acc 10216369 (use name as reference)

Name/s: _____

Ticket/s Req.> W/E @ \$20 X ____; Saturday @ \$12 X ____;

N.B. Tickets to be collected at Door Friday or Saturday

HAPPY TRAILS NEWS

We recently held our second bar-b-que in the rotunda next to our Banksia Park Hall at 27 Crescent Ave. Hope Island.

Dancers stayed behind after the regular THURSDAY morning session to take advantage of the delightful park area outside the hall, complete with bar-b-que facilities.

Sausages, salads, bread and drinks were provided along with Sushi and some delightful Japanese sweets provided by Sato recently returned from Japan.

Some unexpected guests turned up courtesy of the local birds who were delighted to pick over the scraps!

Some of the "Happy Trail" dancers attended the New South Wales Convention held at Banora Point and enjoyed the dancing and socializing. Particularly entertaining was the Contra session using Plus moves hosted by Wilma Flannery on the Sunday afternoon.

We welcome all dancers who are in the area to come and join us on Thursday mornings from 9.30 to 11.30 for Mainstream and Plus dancing.

Caller: Peter Storey.

PINE RIVERS SENIOR CITIZENS

What a fantastic night we had at our 'Christmas in July' dance, and I am sure the 111 dancers who attended will agree with me. The decorations were up to their usual high standard, and the lighting of the back wall, when the stage lights were out, was amazing. It was a little difficult to find the edge of the record at times though. 2 of our new amateur callers took to the stage and were well received by all dancers. To all you wonderful people who attended, to the callers who gave of their time, and to our own band of workers we thank you most sincerely.

If you are missing your dancing shoes, a pair was found in the hall at the end of the evening. If these are yours, would you please phone Margaret 32852130 who is taking care of them for you. We can take a little breather this month following the Convention, the Sunshine State Roundup and Gala Dance last month, before we start the home run to Christmas.

October 30th - 'Pre Melbourne Cup' dance

November 27th - Society Christmas party hosted by Pine Rivers Senior Citizens and Upbeat Chaos

December 31st - New Year's Eve dance

Until we get to those dates, we will continue to enjoy our time of a Tuesday afternoon with usually 3 squares and occasionally a 4th.

Happy dancing

Jan Hay

"Upbeat Ch.a.o.s." Club News

Well here we are in spring already. Club nights are averaging 2 to 3 sets. Some of our dancers ventured north to Rocky for the 30th State Convention and had a great time. The following week we ventured to Ipswich for the QCA's Gala Dance and the Sunshine State Roundup. Two very good dances, and well hosted by Town and Country Squares.

Our last Party Night was on the 30th August and was the ever popular "Vice-Versa Night". A very good percentage took part in the Dress Up. There were quite a few nicely dressed likely Ladies. We had some very sporting looking men as well as a very dapper one. We were also entertained by Whoopi Goldberg impersonating a Square Dance Caller or was it the other way round!!

The Society Christmas Party is coming up soon and is being co-hosted by Upbeat Ch.a.o.s. and Pine Rivers, and Flyers will be in this issue of the BBB. It will be held at the Pine Rivers "Lions Hall" at the Showgrounds at Lawnton. There will be 'Party Plus' from 3pm to 5pm followed by a BYO Basket Tea and then the 'Society Christmas Party' from 7pm to 10-30pm. Dare to be Square, It's Fun with Flair! Gary P.

Thank you for applying for the travel to Japan in 2012

Since 5th of August, we have received about 90 participants on our list. We appreciate your co-operation on this matter.

Therefore we have closed accepting applicants because we are afraid we can't prepare hotel rooms any more.

Now whenever we receive new information, we'll keep participants updated without fail.

Enquiries : Kei & Mie Wada
E-mail : au-wada@hotmail.com
Ph & Fax : (07) 3396 2686

I just read an article on the dangers of drinking....
Scared me witless.
So that's it!
After today, no more reading.

SUNSHINE COAST SQUARE DANCE CENTRE

Our 25th Anniversary was a tremendous success. We had over 26 vans parked in the new camping area. Our new Campers kitchen was finished and officially opened by Jerry. Over 19 sets on the floor Saturday night and then off to the Damper and Bonfire Entertainment. Our breakfast on Sunday morning was a great time to relax. Plenty of dancing for all levels of dancers. Local Councillor Christian Dickson welcomed all on Saturday night and he now has a few promises to keep. We may have a new dancer here as well. The last of our visitors left early September.

SUNCOASTERS ROUNDS:

Our three sessions still going well. Looking forward to the new list coming from ARDA.

SUNCOASTERS SQUARE DANCE CLUB

August was a fantastic Month – we helped the Square Dance Centre celebrate their 25th Anniversary, and boy did we have a fantastic time. Great to mix with the many visitors who came from near and far to attend. Plenty of Caravan visitors as well. The dancing was great and it kept us all on our toes. Jerry did another fantastic job. Thank You. When will he return?

Those who attended the State Convention had a good time and the food was great. A special Thank You to the organizing committee – a Job Well Done.

All our dance sessions going very well particularly our marathon session on Wednesday – starts at 8.45 am and finishes at 2.30 pm. New beginners' sessions starting early September. Will let you know how they go later. Nev & Bev off to the USA mid-September mixing business with pleasure. Gary, Kay and Paul to keep things going whilst they are away. Thank You.

CENTRE CLOGGERS

Members off to Bendigo for the National Convention early September. The girls are looking forward to running the nights when Bev goes to the States. Having fun with Thank You Abba for the Music and Jimmy the Newspaper Boy.

Will we ever master them?

Rocky Twirlers & Rockhampton & District Square Dance Inc. invites you to their...
Combined Birthday Dance
Feature Guest Callers
Shirley Kelly & Matthew Mills
with local & visiting callers

Program
 Rockhampton Square Dance Centre
 Corner Fitzroy & Kent Street, Rockhampton

Saturday 30th October 2010

RAFFLES

Supper

2pm - 4.30pm Plus

7pm - 7.30pm Rounds

7.30pm til late Mainstream Halloween

Theme Night - Dress as a pumpkin,

a fairy or something scary!

Sunday 31st October 2010

10am - 12pm Caller's Special

12pm BBQ Lunch



LUCKY DOOR

ADMISSION - \$6 Adults \$3 Students (per session)

**More Information Contact
 Michael Mills (07) 4928 6828**

Pastor's Business Card

A new pastor was visiting the homes of his parishioners. At one house it seemed obvious that someone was at home, but no answer came to his repeated knocks at the door.

Therefore, he took out a business card and wrote 'Revelation 3:20' on the back of it and stuck it in the door.

When the offering was processed the following Sunday, he found that his card had been returned. Added to it was this cryptic message, 'Genesis 3:10.'

Reaching for his Bible to check out the citation, he broke up in gales of laughter. Revelation 3:20 begins 'Behold, I stand at the door and knock.'

Genesis 3:10 reads :-

'I heard your voice in the garden and I was afraid for I was naked.'

'A cheerful heart is good medicine'.

(Prov. 17:22)

BAR K CIRCLE W

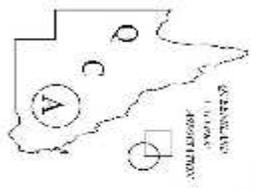
Club members attended the 25th Anniversary at Buderim and had a great time. Bit cool, particularly for those who stayed and enjoyed the fantastic supper and entertainment at the end. A social gathering on Sunday 29th was enjoyed by those who came. A planned Club visit in September and October and another social function, board games, also planned for September. Before we know it, it will be our Christmas Party and another year will have passed.

A LIVING WILL

A man and his wife were sitting together in the living room.

He turned to her and said: "Just so you know, I never want to live in a vegetative state, depending on some machine and fluids from a bottle. If that ever happens, just pull the plug."

His wife got up, unplugged the TV, and threw out all of his beer.



Home On The Range Toowoomba 2011

Upbeat CH.A.O.S. and Toowoomba Dancers on behalf of
The Queensland Callers' Association
Present

31ST QUEENSLAND STATE SQUARE DANCE CONVENTION 27 - 28 - 29TH MAY 2011

**AT HARRISTOWN STATE HIGH SCHOOL
341-367 SOUTH STREET TOOWOOMBA QUEENSLAND 4350**

Programme
 Friday Night 7pm to 7.45pm Rounds 7.45pm to 10.45pm Mainstream - Including Official Opening
 Saturday Morning 9am to 11am Cloggling
 Saturday Morning 11am to 12.30pm A1 and A2
 Saturday Afternoon 1pm to 3pm Mainstream Workshop
 Saturday Afternoon 3pm to 5pm Plus
 Saturday Night 7pm to 7.45pm Rounds
 Saturday Night 7.45pm to 10.45pm Mainstream - Including Dressed Sets and Banner Parade
 Sunday Morning 9.00am Convention Meeting
 Sunday Morning 10.00am to 12 noon Plus
 Sunday Afternoon 2pm to 5pm Mainstream - Contra and Rounds

ACCOMMODATION - See attached list and Map for Hotels, Motels and Caravan Parks

FOOD	Free tea and coffee will be available.	Restaurants and Fast Food outlets close to the venue.
Priees	Closing Date	Adult Student Under 16
Super Early Bhrd	30 September 2010	\$45.00 \$25.00
Early Bhrd	31 December 2010	\$55.00 \$30.00
Standard Price	13 May 2011	\$65.00 \$35.00

No refund for Cancellations received after 13th May 2011

All enquiries Malcolm Hay 07 3385 9947 / 0423 512 102 maljshay@gmail.com
Committee: Convener: Gary Petersen Ph 07 3385 9947
 Treasurer: Jan Hay Ph 07 3385 9947
Registration Officer: Malcolm Hay Ph 07 3385 9947
Decorations:- Nikki Petersen
General Committee:- Margaret Baines, Kate Brown

POSTAL ADDRESS
 31st State Convention
 P.O. Box 96 Burpengary Queensland 4505

DANCER REGISTRATION (Please Print)

Surname _____ First Name _____ Full \$ _____
 Contact Address _____ Post Code _____
 Phone _____ Mob _____ e-mail _____

If you require a receipt please enclose a Stamped Self Addressed envelope
 Or Valid e-mail address for confirmation of registration

All registrations received by 30th Sept. 2010 will enter a lucky draw
First name drawn will receive 20% discount

FULL PAYMENT ENCLOSED (\$ _____)
 Please make all cheques/money orders payable to
 (Bank requires cheques must be exactly as follows)
 Queensland Callers Association 31st Queensland State Square Dance Convention

Bank Details Bank of Queensland BSB 124-095 Account No. 2147751
 If paying by Direct Deposit please use your name as a reference.
 N.B. Cancellation fee of \$10.00 per registration applies
 No refund for Cancellations received after 13th May 2011

Please tick if you require information and registration details to be forwarded to you

LEVEL OF DANCING:
 Mainstream Plus A1 A2 Rounds Clogging (Please Tick)

BOOTH SPACE: Please tick if you require information and registration details to be forwarded to you.

REGISTRATION of a Dressed Set Club Name _____
 Club Banner Parade Club Name _____

CALLER/CIER APPLICATION: Required by 31st December 2010
 N.B. - an application to call does not imply acceptance for programming.

Please indicate name _____
SESSIONS: Whole programme or Fri Night Sat morn Sat afternoon Sat night
 Sun morning Sun afternoon

CALLING LEVELS M/S Plus A1 A2 Rounds Contra Clogging

YOUR PREFERRED EQUIPMENT: Laptop Mini disc Records CD's MP3

OCTOBER 2010

- 9 7.30pm Saturday**
Logan City Square Dancers Inc
Saturday Dance
- 14 Sainly Devils Trail-In Dance Armidale**
7pm Rounds, 7.30 Squares DStime
Enq: Marg Betts betts4@bigpond.com
- 15-17 Armidale Eights Spring Festival**
(34th & Final) W/E M/S, Plus & Rounds
www.armidaleeights.net
- 16 Saturday Afternoon of Clogging**
2 pm to 7.30 pm,
Greenslopes (Enq.= 3391 6526)
- 22-24 "Shindig on the Mountain"**
See ADD
- 23-24 Bundaberg**
Cane Country Squares -
Early Christmas Dance Weekend
sskelly10@bigpond.com
- 27 Gumdale Grandsliders**
Halloween 7:30pm Wed
- 30 Pine Rivers Senior Citizens' Club Inc.**
5th Saturday Dance
7 – 10:30pm jan4910@gmail.com
- 30 Suncoasters Square Dance Club**
5th Saturday Specials Buderim
Theme: Melbourne Cup
- 30-31 Oct Rockhampton Combined**
Birthday Dance W/E
See ADD
shellmick07@optusnet.com.au
(07) 4928 6626

NOVEMBER

*** Early Bird ends 30 Nov for 51st Australian National SD Convention June 2011 in Darwin

- 2 Gumdale Grandsliders**
Melbourne Cup Day - 10:00 Tues

Yearly Physical

A woman goes to the doctor for her yearly physical the nurse starts with certain basic items.

"How much do you weigh?" she asks.

"115," she says.

The nurse puts her on the scale.

It turns out her weight is 140.

The nurse asks, "Your height?"

"5 foot 8," she says.

The nurse checks and sees that she only measures 5' 5".

She then takes her blood pressure and tells the woman it is very high.

"Of course it's high!" she screams,

"When I came in here I was tall and slender!
Now I'm short and fat!"

Man—Woman Facts ?

A mans got to do what a mans got to do. A woman does what he can't.

Fifty five is when you finally get your head together and your body starts to fall apart.

You see a lot of smart blokes with dumb women but you very rarely see a smart woman with a dumb bloke.

When woman are depressed they either eat or go shopping. Men invade another country.

Behind every successful man is a surprised woman.

You have yet to hear a man ask for advice on how to combine marriage and a career.

A male gynecologist is like a car mechanic who never owned a car.

If you can't be a good example then you will just have to be a horrible warning.

Never take a laxative and a sleeping tablet at the same time.

Don't worry about avoiding temptation, as you get older it will avoid you.